

CURRICULUM VITAE



DR. TILMAN STASCH

MBChB (Hons)

MRCS (Ed.)

F EBOPRAS

MD

Consultant in
Plastic, Aesthetic and
Reconstructive Surgery, Handsurgery

Fellow of the
European Board of Plastic
Reconstructive and Aesthetic Surgeons

PERSONAL DETAILS

Name: Tilman Stasch
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50672 Cologne,
Germany
P.O. Box 13621
00800 Nairobi
Kenya

Date of Birth: 15 October 1974
Nationality: German
Holder of Kenyan Foreigner Certificate
Holder of Workpermit for Kenya

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CURRENT POSTS

Consultant Plastic Surgeon since Jan 2011

Department of Plastic-, Reconstructive-, Aesthetic and Handsurgery

Luisenhospital Aachen
Aachen, Germany

Director, Valentis Clinic since Oct 2012

Specialist Clinic for Skin Health, Plastic Surgery and Cosmetic Medicine

14 Riverside, Suite 6 Grosvenor Bld.
Nairobi, Kenya

MEDICAL EDUCATION

MBChB University of Cape Town, South Africa 1996 – 2001
Awarded with Honours

BSc University of Cape Town, South Africa 1995
Awarded with First Class Honours and Dean`s Merit list

POSTGRADUATE QUALIFICATIONS

Completion of Specialist Training in Handsurgery Nov 2012

EBOPRAS Fellowship Exams Sept 2010

Completion of Specialist Training in Plastic Surgery Oct 2009

CCBST Certificate of Completion of Basic Surgical Training Feb 2006

MRCS Membership of the Royal College of Surgeons of Edinburgh July 2005

PROFESSIONAL MEMBERSHIP

DGPRÄC	Full Member – German Society of Plastic Surgeons
BAPRAS	Overseas Member - The British Association of Plastic, Reconstructive and Aesthetic Surgeons
EBOPRAS	Member, European Board of Plastic, Reconstructive and Aesthetic Surgeons
Interplast	Member of the German Division of Interplast
KSPRAS	Associate Member of the Kenyan Society of Plastic Surgeons
GMC	registered as "Specialist in Plastic Surgery" – General Medical Council UK
DGBT	Member, German Society of Botulinumtoxin

PREVIOUS POSTS IN PLASTIC SURGERY

Consultant Plastic Surgeon

Oct 09 – Dec 10

Department of Plastic-, Reconstructive-, Burn- and Handsurgery

University Hospital of Witten/Herdecke, at the Klinikum Köln-Merheim,
Cologne, Germany

Specialist Registrar,

Aug 08 - Oct 09

Department of Plastic-, Reconstructive-, Burn- and Handsurgery

University Hospital of Witten/Herdecke, at the Klinikum Köln-Merheim,
Cologne, Germany

Prof Dr. Dr. med. habil. G. Spilker

Specialist Registrar,

Sept 07 – Aug 08

Department of Plastic Surgery

Städtische Kliniken Bielefeld, Germany

PD Dr. med. H. Fansa

Senior House Officer (SHO) and Locum Registrar

Aug 06 – Sept 07

Department of Plastic Surgery

Norfolk & Norwich University Hospital

Mr AM Logan, Mr TJ O'Neill, Mr AF Bardsley, Miss EM Sassoon, Mr RM Haywood

Senior House Officer,

Feb 06 – Aug 06

Department of Plastic Surgery

St John's Hospital, Livingston Regional Burn Unit

Royal Sick Children's Hospital, Edinburgh

Mr JD Watson, Mr JC McGregor, Mr AA Quaba, Mr K Stewart, Mr M Butterworth

SURGICAL TRAINING

Basic Surgical Training Scheme **Aug 04 – Feb 06**
South East Scotland Rotation, Edinburgh, Scotland, UK

Senior House Officer (SHO):
Cardiothoracic Surgery, General Surgery, Colorectal Surgery,
Intensive Care Unit (*National Centre for Neurosurgery*)

SHO, Accident and Emergency **Feb 04 – Aug 04**
Medway Maritime Hospital, Kent, UK

SHO, Orthopaedics and Trauma **Aug 03 – Feb 04**
Epsom General Hospital, Surrey, UK

Resident Medical Officer – Plastic Surgery **Jan 03 – Aug 03**
Huddersfield Nuffield Hospital *Mr O Fenton, Mr A Phipps, Mr LR Fourie, Miss O Austin*

Pre Registration House Officer **Jan 02 – Dec 02**
Windhoek Central & Katutura State Hospital Complex, Windhoek, Namibia

COURSES ATTENDED AND SELECTED MEETINGS

Plastic Surgery, Hand Surgery

April 2013	1. International Breast Symposium, Düsseldorf
Oct 2012	53. Congress of German Society of the Hand (DGH), Lübeck
Aug 2012	2nd Annual Int. Conference of Plastic Surgery, Nairobi, Kenya
June 2012	BEAULI (Lipofilling workshop), Berlin
June 2012	Beauty through Science Symposium, Stockholm
Apr 2011	Wrist Arthroscopy Course, Markgröningen, Germany (<i>Dr Fernandez</i>)
Dec 2010	Functional + Aesthetic Surgery on the Nose, Stuttgart (<i>Prof Gubisch</i>)
Oct 2010	Panafrican Conference of Plastic and Reconstructive Surgery, Nairobi
Aug 2010	Practical Workshop on Mammaaugmentation, Halle (<i>Prof Steen</i>)
June 2010	Lasers in Plastic Surgery – Courseorganizer, Köln
Feb 2010	Advanced course on DIEP reconstruction, Düsseldorf (<i>Prof Andree</i>)
Sept 2009	Lipofilling Conference, Milano, Italy
Aug 2009	Laserconference Asclepion Academy, Bologna, Italy
July 2009	Autolous Fatgrafting and Breast Augmentation, Kassel (<i>Prof Noah</i>)

June 2009	ALT Perforatorflap Dissection Course, Tübingen (<i>Prof Schaller</i>)
May 2009	Practical Workshop on Facial Aesthetics, Düsseldorf
May 2009	Practical Workshop on Oculoplastic Surgery, Düsseldorf
Feb 2009	Asclepion Laser Academy: "Acoustic Wave, Radiofrequency", Jena
Nov 2009	Vienna Hand Course (L. Boehler), Vienna, Austria
June 2007	Masterclass on Lipofilling, IPRAS, Berlin, Germany (<i>Dr. S. Coleman</i>)

PRICES

First Prize Best Scientific Presentation at the 41st International Conference of Plastic-, Reconstructive- and Aesthetic Surgeons of Germany (DGPRÄC, Berlin, Sept 2010)

OTHER QUALIFICATIONS AND INTERESTS

Nominated Member: Expert Panel Asclepion Laser Technologies since 02/2010

Certificates Specialist in "Lasers in Medicine", Dec 2010
Specialist in "Diagnostic Radiology in Traumasurgery", Sept 2009

Management Officer, Transfusionmedicine, Dept. Plastic Surgery, Jan 2011
Officer, Lasersafety, Dept. Plastic Surgery, Jan 2011
Officer, DRG Costmanagement, Cologne 02/2010 – 12/2010
PRINCE2 certificate – Projectmanagement, Cambridge 09/2006
Certified, "Riskmanagement in the hospital environment" 02/2007

Teaching Regional Courses conducted on various Plastic Surgical topics, Handsurgery and Lasertechnology since 2006

Organisation "Plastic Surgery Study Day" 11/2007
Participant "Teaching the teachers to teach" Cambridge 11/2006
Jungle Medicine Course – "Leading expeditions" Costa Rica 10/2006
Healthcare Informatics Symposium 06/2005

Computer Homepage Administrator (Webdesign Typo3, WordPress), European Computer Driving Licence (ECDL) March 2006, Wireless Networks (WiFi), Web 2.0, Digital photography CANON EOS

- Languages** fluent in German and English, French, basic Afrikaans and Kiswaheli
- Sports** Kitesurfing, Off-piste Skiing (Europe, Canada)
Football, Sportsclimbing, Tennis
Golf
- Sailing** Yachting – Competent Crew Licence, Royal Cape Yacht Club, 2001
- Arts** Namibia National Symphonic Orchestra - Trumpet, 1993-4 and 2001
- Travel** Jungle Medicine – Expedition in Costa Rica Oct 2006
Interplast – Plastic Surgical Intervention
Africa, Central America, Europe

CHARITABLE PROJECTS

The Professor Pratt Reconstructive Project – Kenyatta National Hospital Sept 2010, 2012, 2013

- yearly pro bono operations for needy patients with deformities, birthdefects and post-traumatic wounds.
- Fundraising to collect donations to support patients and running of the project

Skin cancer screening for people affected with albinism (PWA)

- initiator of project to raise awareness and provide education for PWA
- organisation of screening days using mole mapping techniques to prevent progression of cancer

Tilman Stasch

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Publications (up to May 2013)

1. **Tertiary wound dehiscence/wound necrosis after deep sternum osteomyelitis - a risk model based on 130 patients with deep sternum osteomyelitis.**
Phan Vu, Stasch T, Depner C, Theodorou P, Perbix W, Lefering R, Spilker G, Weinand C.
Chest - Original Article *in review* (11 – 0896)
2. **In vivo comparison of microcirculation and histomorphology of two different flap donor sites.**
Altintas AA, Stasch T, Oezcelik A, Altintas MA.
Microsc Res Tech. 2010 Jul 23.
3. **Vertical Reduction Mammoplasty combined with a Superomedial Pedicle in Gigantomastia.**
Amini P, Stasch T, Theodorou P, Altintas AA, Spilker G.
Annals of Surgery 2010 Mar;64(3):279-85
4. **Histometric and histomorphologic comparison of combustion and ambustion using in vivo reflectance-confocal microscopy**
Altintas AA, Amini P, Altintas MA, Perbix W, Phan V, Stasch T, Spilker G.
Microsc Res Tech. 2010 Feb;73(2):160-4.
5. **Heal or Not to Heal: Predictive Value of in vivo Reflectance-Mode-Confocal Microscopy in Assessing Healing Course of Human Burn Wounds**
Altintas AA, Altintas MA, Amini P, Phan TQV, Stasch T, Spilker G.
J Burn Care Res. 2009 Nov-Dec;30(6):1007-12.
6. **DIEP Flap Rescue by Venesection Of The Superficial Epigastric Vein.**
Stasch T, Goon P, Haywood R, Sassoon EM.
Annals of Plastic Surgery, 2009 Apr; 62(4):372-3
7. **The sitting, oblique, and supine ('SOS') marking technique for reduction mammoplasty and mastopexy.**
Stasch T, Ciccarelli F.
Plastic and Reconstructive Surgery, 2007 Sep 15; 120(4):1083; Letter to the Editor.
8. **The Four-layer Scrub for the Surgeon with a Cast.**
Stasch T, Watson JD.
Journal of Hand Surgery. British and European Volume. Vol. 32E No. 4 August 2007
9. **Jungle Medicine - Expedition Leadership Skills.**
Stasch T. British Medical Journal Careers, June 2007
10. **PDA at the Point of Care.**
Stasch T. Surgeonsnews, March 2007 Volume 7
11. **Electronic Revolution.**
Stasch T. Surgeonsnews, January 2007 Volume 6
12. **Pocketful of Knowledge.**
Stasch T. Surgeonsnews, October 2006 Volume 5

13. **Locking plate system in the treatment of displaced proximal humeral fractures.**
Chidambaram R, Stasch T, Mok D. Abstract in Journal of Bone and Joint Surgery (2005), Orthopaedic Proceedings Vol 87-B, Issue SUPP II, 166-167
14. **Radiological outcome of volar locking plate versus manipulation and K-wire in treatment of dorsally displaced distal radius fracture.**
Chami G, Stasch T, Scott A, Chockalingham S. Abstract in Injury Extra (2005) 36, 181
15. **Locking plate system in the treatment of displaced proximal humerus fractures.**
Chidambaram R, Stasch T, Mok D. Abstract in Injury Extra (2003) 34, 40

Oral presentations, national und international (up to May 2013)

Lipofilling for chronic ulceration on the diabetic foot improves wound healing

T. Stasch, J.Hoehne, T.Huynh, R.Baerdemaker, S.Grandel
2nd ISPRES Congress 7-9.6.2013, Berlin, Germany
(International Society of Plastic Regenerative Surgery)

Autologous Fatgrafting – Future Innovations in Plastic Surgery

Stasch T.
2. KSPRAS International Conference, Nairobi, Kenya (Sept 2012) – Keynote Speaker

Operative techniques for the small finger joints in Rheumathoid Arthritis

Stasch T.
Jour Fixe, Luisenhospital Aachen (Feb 2012) – invited presentation

**Effect of vacuum assisted closure (VAC) therapy on the acute healing wound:
a randomized self-controlled trial**

Stasch T.
9th IQUAM Consensus Conference (Sept 2010) – invited speaker
(International Committee for Quality Assurance, Medical Technologies & Devices in Plastic Surgery)

Vertical Reduction Mammoplasty combined with a superomedial Pedicle in Gigantomastia

Stasch T., Amini P., Spilker G.
Panafrican Congress of Plastic and Reconstructive Surgery, Nairobi, Kenya (Oct 2010)

**Vacuum-assisted closure (VAC) vs. Fettgazeverband bei Spalthautentnahmestellen: Eine
randomisiert kontrollierte Studie**

Tilman Stasch, St. Sauerland, M. Brockmann, T.Q.V. Phan, G. Spilker
41. Jahrestagung der **DGPRÄC**, Dresden (Sept 2010)
(Deutsche Gesellschaft der Plastischen, Rekonstruktiven und Ästhetischen Chirurgen)

Effect of VAC Therapy on the acute healing wound: A randomized self-controlled trial

Stasch T., Phan V, Sauerland S, Brockmann M, Spilker G.
EURAPS 21st Annual Meeting, Manchester, UK (Mai 2010)
(European Association of Plastic Surgeons)
und
Panafrican Congress of Plastic and Reconstructive Surgery, Nairobi, Kenya (Oct 2010)

Die vertikale Reduktionsmammoplastik mit superomedialem Stiel

Stasch T., Spilker G.
DGPRÄC Landesverbandsversammlung, Düsseldorf-Kaiserswerth (Mai 2010)

**Kombination der fraktionierten Erb-YAG Therapie mit dem Radiofrequenz Modul zur Facial
Rejuvenation.**

Stasch T., Spilker G.
Expertenmeeting Lasertherapie, Seefeld, Österreich (Feb 2010)

In vivo simultaneously observation of microcirculation and cellular morphology in burn wound healing by confocal laser scanning microscopy (CLSM)

Altintas MA, Amini P, Theodorou P, Spanholtz T, Phan V, Perbix W, Thamm O, Stasch T, Spilker G.
7th Asia Pacific Burn Congress, New Delhi, India (January 2009)

Is a more radical surgical approach necessary to malignant melanoma of the ear?

Sheikh Z, Stasch T, Stewart KJ.

BAPRAS, Summer Meeting, British Association of Plastic, Reconstructive and Aesthetic Surgeons, Liverpool (Juli 2008)

Malignant melanoma of the ear – review of all cases in Scotland 1996 - 2004.

Stasch T, Sheikh Z, Stewart KJ.

IPRAS, International Congress of the International Confederation for Plastic, Reconstructive and Aesthetic Surgery, Berlin (Juni 2007)

Radiological outcome of volar locking plate versus manipulation and K-wire in treatment of dorsally displaced distal radius fracture. Chami G, Stasch T, Chockalingam S.

British Trauma Society Annual Meeting, Leeds (Okt 2004)

PHILOS locking plate system in the treatment of displaced proximal humerus fractures. Chidambaram R, Stasch T, Mok D

Elbow and Shoulder Society, Wales (Juni 2004)

British

The use of locking plate system for displaced proximal humerus fractures – a prospective study of 25 patients. Stasch T, Chidambaram R, Mok D

British Trauma Society Annual Meeting, London (Okt 2003)

Childhood and Adolescent Asthma Management Practices at the Community Health Centre in Khayelitsha. Stasch T, Jansen N, Zoellner E.

Annual National Paediatric Meeting, Red Cross Hospital, Cape Town (Aug 1999)

Posterpresentations

Malignant Melanoma of the Ear – is a more radical surgical approach necessary? Stasch T, Sheikh Z, Stewart KJ.

4th International Congress on Auricular Reconstruction, Edinburgh (Okt 2007)

The Four-layer Scrub for the Surgeon with a Cast. Stasch T, Watson JD.

IPRAS, International Congress of the International Confederation for Plastic, Reconstructive and Aesthetic Surgery, Berlin (Juni 2007)

Blood Transfusion Requirements for Bilateral Reduction Mammoplasties: Is Routine Group and Save necessary? Stasch T, Mathews A, Clibbon J.

IPRAS, International Congress of the International Confederation for Plastic, Reconstructive and Aesthetic Surgery, Berlin (Juni 2007)

Childhood Asthma – Treatment Guidelines. Stasch T, Jansen N, Zoellner E.

ANPM, Annual National Paediatric Meeting, Red Cross Hospital, Cape Town (Aug 1999)